# **ACM e-Learning Course**



# **Neonatal Resuscitation**



# **Course Overview**

Childbirth is an extraordinary and challenging life event which profoundly influences a woman's physical, social and emotional wellbeing.

The care, information and emotional support that the midwife offers the labouring woman and her chosen companions can set the scene to protect the woman's physical well-being and nurture her emotional strengths.

In this course we describe the goals, assessment and procedures involved in basic neonatal resuscitation.

Completing this course will re-enforce your knowledge in neonatal resuscitation.

This course is designed for registered midwives who want to refresh their knowledge about neonatal resuscitation.

#### CPD:

This course has been recognised by the ACM for 3 CPD hours, which is equivalent to the course duration.

#### Course Access:

All users are provided with 12 months access from the date of their enrolment.

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# **Neonatal Resuscitation**

### Module 1: Background

- This section addresses the background and rationale of neonatal resuscitation;
- Includes the You & Neonatal Resuscitation self-assessment aimed at identifying your starting knowledge of neonatal resuscitation;
- Includes the 'Map your local situation' activity a data gathering exercise to understand your local policies regarding neonatal resuscitation.

#### Module 2: Initial Assessment of the Newborn

- This section focuses on the initial assessment of the newborn;
- Addresses the five elements that form part of the initial assessment;
- Reviews the calculation of an Apgar score, which follows the initial assessment.

#### **Module 3: Commencement of Resuscitation**

• This section focuses on the decision making around the commencement of infant resuscitation.

#### Module 4: Intermittent Positive Pressure Ventilation

• This section contains key learning points and guidance with effective intermittent positive pressure ventilation or IPPV.

## Module 5: External Chest Compressions

 This section contains the most current guidelines for external chest compressions, or ECC.

## Module 6: Meconium-Stained Liquor

• This section covers guidelines on managing babies born in meconium-stained liquor.

## Module 7: Documenting Resuscitation and Communication

 This section discusses appropriate procedures for documenting resuscitation and for communicating with parents and families.

#### Module 8: Conclusion